

**One to One Outreach (Friendly Visiting - Outings - Recreation - Wellness Walks) - Rehab Support - Recreational Swim Program - Fridays 2:00pm to 3:00pm - Working with deaf clients that are male \*American Sign Language an asset**

The **Rehabilitation Support - Recreational Swim Program** - Volunteer plays a vital role in supporting referred Home Health clients with disabilities to maintain and/or increase their independence, life skills and community participation. Under the direction of a VCH Therapist, volunteers are paired with clients to assist them with carrying out their rehabilitation goals in a therapeutic pool setting. Referrals to the program are customized to suit the client's health goals. Volunteers that are interested in a career in healthcare or have previous experience in rehabilitation therapies are an asset. Volunteers must be available for a minimum of six months. Referrals come from all communities within Vancouver therefore - volunteers must be open to travel within Vancouver.

This role is wonderful hands-on experience for healthcare students interested in various fields of study such as *Occupational Therapy, Physiotherapy, Speech Language Pathology and Recreation Therapy* to name a few.

### **Summary of Volunteer Responsibilities**

- Assist client to participate in a weekly therapeutic swim program to build confidence and independence
- Must be confident in an aquatic environment and able to offer support to client in the water as needed
- Encourage client to develop swimming skills and use any adapted equipment such as floatation devices, balls, noodles and other equipment available for use at site
- Report progress regularly to Volunteer Coordinator as well as periodic check-ins with VCH Therapist involved in clients care (via email or phone)
- Report any challenges or concerns to VCH Volunteer Coordinator
- Volunteers are required to "Log" activity hours after each session with client

### **Skills and Abilities Required**

- Must be comfortable engaging with adult clients one to one in a community pool setting
- Must be comfortable engaging with clients with a diversity of disabilities or disabling conditions
- Can take initiative and work independently
- Reliable, punctual and mature with the ability to set clear boundaries
- Good listening and strong interpersonal skills
- Patient, respectful, understanding and compassionate
- Competency in English
- Second language an asset

### **Time Commitment**

- Schedule is flexible (weekdays/daytime preferred)
- Volunteer must be available 2-3 hours per week

- Must be able to commit to a minimum of 6 month with the same client

### **Additional Information**

- VCH Therapist will be on site for initial client meeting, introductions and orientation to pool setting
- Mobility & Equipment training (as required by client needs) will be provided by VCH Therapist involved in clients care
- Screening Interview with Volunteer Resources
- Must successfully complete a Criminal Record Check (To be processed after interview)
- Must provide two professional references

***For questions or information please contact:***

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