



PeerNetBC's Fall 2017 Community Workshops

Taking place on the unceded territory of the Musqueam, Squamish and Tsleil-Waututh nations, PeerNetBC's Community Workshops are provided twice per year. These workshops are open to everyone and offer a great opportunity to learn and network with people from various communities, groups, and organizations.

Cost: \$15 - \$75+ sliding scale, with no one turned away for lack of funds

Location: PeerNetBC office, #408 – 602 West Hastings Street, Vancouver, BC

Register: <https://bit.ly/FallWorkshops2017> or call 604.733.6186

FOUNDATIONS OF FACILITATION

Saturday, October 14th, 2017 10:00am – 4:00pm

Whether we are facilitating meetings, group discussions, or workshops, understanding our roles and responsibilities as facilitators is an essential component for creating an easier space for groups to work together. In this 6 hour workshop, participants will be introduced to the principles of peer support and explore their influence in creating a foundation for more inclusive and well-functioning peer-led groups. We will build on new and existing skills and tools necessary for effective facilitation and touch on different facilitation models. This workshop is designed for folks with little to experience with facilitation, including folks seeking to brush up on their foundational skills.

DIVERSITY & WORKING TOGETHER

Saturday, October 28th, 2017 10:00am – 4:00pm

Systemic imbalances of power exist in our society, and so recognizing how it influences group dynamics is an important skill for facilitators, group members, and community members at large. In this 6 hour workshop, through discussion and experiential learning, participants will explore our own roles and relationships with power and have an opportunity to broaden our perspectives on accessibility, allyship, inclusion, power, privilege, and how to move forward together.

BOUNDARIES & SELF-CARE

Saturday, November 4th, 2017 10:00am – 2:00pm

Facilitating peer-led groups can be a very rewarding experience but it can also be very demanding. In order to avoid burnout and to make group facilitation sustainable over the long-run, facilitators must have a clear understanding of personal boundaries and

practice self-care. In this 4 hour workshop, participants will explore concepts for understanding personal boundaries and self-care as well as collective-care within the context of a peer-led group. By tapping into the wisdom of the group, participants will share and exchange tips and tools to help each other apply their learnings in real-life situations. Aimed at facilitators, this workshop is beneficial for anyone juggling multiple demands or providing active support in the lives of others.

EXPLORING FACILITATION SKILLS

Saturday, November 18th, 2017 10:00am – 4:00pm

Prerequisite: “Foundations of Facilitation” and “Diversity & Working Together” or equivalent experience of facilitating groups

Building off of the basic concepts of facilitation in “Foundations of Facilitation”, this 6 hour workshop will delve deeper into specific skills and techniques that assist facilitators in effectively creating safer, more supportive and productive peer-led groups. Participants will have opportunities to practice facilitating and navigating facilitation challenges, where we will explore group dynamics, create an understanding of the influences of power dynamics in a group, and share strategies and tools.

COMMUNITY ENGAGEMENT & INCLUSIVE LEADERSHIP

Saturday, December 2nd, 2017 10:00am – 4:00pm

In North America, we tend to imagine leaders who share a narrow range of characteristics and qualities. In this 6 hour workshop, we will explore, challenge, and redefine what leadership is and can be in our communities, and its relationship with advocacy and community engagement. Through unpacking existing frameworks of leadership we'll build an analysis of who we identify as leaders; how we all can be leaders; and our possible roles and responsibilities. Participants will create a shared understanding of what community engagement could be like, and how it can be more inclusive, impactful, and sustainable.

Accessibility:

- Please arrive 5 – 10 minutes early so we can start on time
- Light snacks, coffee, tea, and water will be provided; if you have any dietary requirements we should be aware of please inform us
- Our office strives to be a scent-free environment – refrain from wearing perfumes or any scents the day before the workshop, as well as during it
- The entrance, workshop space, and washrooms are wheelchair accessible
- Washrooms will be assigned all genders during workshop hours
- Our office is located one block south of Waterfront Skytrain Station and nearby to bus stops at the intersections of West Hastings, Seymour, and Granville Street
- Parking is only available on the street 2 hours at a time; we recommend the parkade behind our office at 443 Seymour Street (\$6 + tax on weekends)
- Bicycles are welcome to be stored in the small room in our office
- ASL interpretation is available for these workshops; please confirm this service at least two days before the workshop takes place
- Please inform us of any alternative ways to ensure your access needs are met

For more information and/or for accessibility requests: email Robin at info@peernetbc.com or call 604.733.6186